

Formula Name: Miss Karen LF Chocolate (no HFCS) 6/64oz
 Formula ID: 2,714
 Kit ID: 16245
 Package Size:

Print Date: 1/15/2014
 Print Time: 2:10:13PM

NOTE: Based on 45.00% overrun

Miss Karen LF Chocolate (no HFCS) 6/64oz

Nutrition Facts	
Serving Size 4 fl oz (92g)	
Amount Per Serving	
Calories 118	Calories from Fat 18
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 7mg	2%
Sodium 120mg	5%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	5%
Sugars 16g	
Protein 4g	
Vitamin A 11%	Vitamin C 1%
Calcium 14%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 475g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredient Statement:

Pasteurized & Cultured Milk & Skim Milk, Sugar, Corn Syrup, Cocoa (Processed with Alkali), Non Fat Dry Milk, Whey, Maltodextrin, Stabilizer & Emulsifier (Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum), Milk Solids, Natural & Artificial Flavor (Water, Propylene Glycol, Ethyl Alcohol, Natural & Artificial Flavor, Caramel Color), Vitamin A Palmitate, Vitamin D3

Contains Active Live Cultures: S. thermophilus, L. bulgaricus, L. acidophilus, Bifidobacterium ssp., L. rhamnosus, L. casei

Allergens:

Milk: YES
 Eggs: NO
 Peanuts: NO
 Wheat: NO
 Soy: NO
 Tree nuts: NO
 Fish: NO
 Shellfish: NO

This information has been calculated by one, or a combination, of the following sources
 1) Supplier information, 2) Certain published data, or 3) In house analysis. This information is furnished without warranty, expressed or implied. No legal responsibility is assumed for the use of, or reliance on, this data. As additional nutritional information becomes available, the nutritional values for the product are subject to change.