

Formula Name: Miss Karen LF Vanilla (no HFCS) 6/64oz
 Formula ID: 2,716
 Kit ID: 16247
 Package Size: Gallon

Print Date: 1/15/2014
 Print Time: 2:12:35PM

NOTE: Based on 45.00% overrun

Miss Karen LF Vanilla (no HFCS) 6/64oz

Nutrition Facts	
Serving Size 4 fl oz (91g)	
Servings per Container Approx. 46	
Amount Per Serving	
Calories 116	Calories from Fat 18
% Daily Value*	
Total Fat 2g	2%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 6mg	2%
Sodium 63mg	3%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Sugars 17g	
Protein 3g	
Vitamin A 11%	Vitamin C 1%
Calcium 10%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 475g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredient Statement:

Pasteurized & Cultured Milk & Skim Milk, Sugar, Corn Syrup, Maltodextrin, Whey, Natural & Artificial Flavor (Water, Alcohol, Natural & Artificial Flavor), Stabilizer & Emulsifier (Mono & Diglycerides, Guar Gum, Carrageenan, Standardized with Dextrose), Vitamin A Palmitate, Vitamin D3

Contains Active Live Cultures: S. thermophilus, L. bulgaricus, L. acidophilus, Bifidobacterium ssp., L. rhamnosus, L. casei

Allergens:

Milk: YES
 Eggs: NO
 Peanuts: NO
 Wheat: NO
 Soy: NO
 Tree nuts: NO
 Fish: NO
 Shellfish: NO

This information has been calculated by one, or a combination, of the following sources
 1) Supplier information, 2) Certain published data, or 3) In house analysis. This information is furnished without warranty, expressed or implied. No legal responsibility is assumed for the use of, or reliance on, this data. As additional nutritional information becomes available, the nutritional values for the product are subject to change.